

Working Business

The Work™ of Byron Katie in business

Working Leadership

Learn how to question your thoughts about you, your job and your success – and find out how to lead yourself and others.

The only thing that limits us in life is ourselves with our thoughts about us. Our thoughts are the cause and our life is the effect. You can't let go of these limiting beliefs. But when you question them and you realize that they aren't true, or find out what is as true or even truer, they let go of you.



PROGRAM

Day 1: Loving what is. Basic use of The Work™

Day 2: Loving your customers, colleagues, and superiors. Inquire your beliefs about others.

Day 3: Loving your success. Inquire your beliefs about your personal career and the development and success of your organisation.

Loving what is. Basic use of The Work™

- Learn how to identify limiting beliefs and how you can question them with The Work™.
- Learn to use The Work™ as a self-coaching tool.
- Learn to facilitate others while they are doing The Work™.

Loving your customers, colleagues, and superiors.

- Learn how to identify your beliefs about your customers, colleagues and superiors.
- Experience through questioning your beliefs, how new ways of perceiving, interacting and communicating can open up.
- Discover how The Work™ supports you to stay in your own business and not to fulfil other peoples business while being effective, appreciative and joyful.

Loving your success

- Learn how to identify beliefs about your own personal career.
- Experience your full potential in being a leader connected to reality, by questioning your beliefs.
- Learn how to identify limiting beliefs about the development and success of your organisation.
- Learn how to apply concrete measures in a personal and organisational level by doing The Work™.

PLEASE CONTACT US FOR MORE INFORMATION

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REFERENCES

Hugo Boss (CH), BMW-group (D), Mercedes Benz Bank (D), FedEx (D), Novo Nordisk (D), IDA (DK), Kuben (DK), Platon A/S (DK), DGI (DK), T-Systems (D), PROSA (DK), Byron Katie Int. (US).